

ST MARYS SENIOR CENTER SEPTEMBER 2024 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY – CLOSED 	3 Turkey Club Sandwich with Lettuce, Tomato, Onion Potato Salad Apricots	4 Chicken Enchilada Casserole Spanish Rice Southwest Beans Cinnamon Applesauce	5 Pork Cutlet Mashed Potatoes & Gravy Carrots Bread Rosy Pears	6 CHOICE MEAL Salmon Pattie OR BBQ Ribette Macaroni & Cheese Peas Bread Fruited Jell-O
9 Chicken Ranch Pizza Corn Tossed Salad Warm Cinnamon Apples	10 Tuna Salad Sandwich Coleslaw Sliced Tomatoes Mandarin Oranges	11 Lasagna Italian Blend Vegetables Garlic Bread Lime Pears	12 Hot Turkey Sandwich Mashed Potatoes & Gravy Cauliflower & Carrots Cranberry Sauce	13 Baked Potato Bar with Pulled Pork Broccoli Cheese Sauce Sour Cream / Onions Peach Crisp
16 Ham Salad on a Bun Potato Wedges Bread Stick Fruited Pudding	17 Sweet & Sour Pork Rice Oriental Vegetables Bread Fruit	18 Meatballs Scalloped Potatoes Green Beans Bread Fruit	19 BIRTHDAY DINNER Italian Chef Salad Cucumbers & Onions Bread Stick Fruited Pudding	20 Chicken Mashed Potatoes & Gravy Mixed Vegetables Bread Fruit
23 Chicken Breast with Cream Gravy Panko Crusted Zucchini & Tomatoes Pepper Wedges Bread / Fruit	24 Chicken Parmesan on Spaghetti Noodles Italian Vegetables Bread Strawberries & Bananas	25 Roast Pork Roasted Potatoes Steamed Cabbage Bread Fruit Salad	26 Taco Salad Corn Bread Peaches	27 Baked Ham Yams Green Beans Cornbread Pineapple & Oranges
30 Beef Stew Coleslaw Bread Hot Spiced Peaches			DINE IN MEALS MEALS ON WHEELS & PICK UP MEALS AVAILABLE	<i>If you'd like to learn more about our Meals programs, please call 785 321-1225</i>

FOR RESERVATIONS CALL 785.321.1225 ONE DAY AHEAD

MENUS SUBJECT TO CHANGE