OCTOBER 2026 MENUS ST MARYS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pulled Pork Potato Wedges Peas Pears / Cookie Whole Wheat Roll Milk	**2 CHOICE MEAL** Fish OR Chicken Pattie on a Bun Broccoli Carrots Fruit Milk
5 Roast Turkey Mashed Potatoes & Gravy Green Beans with Onions Corn Fruit Cup / Cookie Milk	**6** Taco Soup Coleslaw Glazed Carrots Blushing Pears Whole Wheat Crackers Milk	**7** Baked Chicken Breast Sweet Potatoes Brussell Sprouts Tropical Fruit Whole Wheat Bread Milk	**8** Ham & Beans Stewed Tomatoes Green Beans Cinnamon Applesauce Cornbread Milk	**9 CHOICE MEAL** Tuna **OR** Chicken Noodle Casserole Steamed Vegetables Beets Pineapple Tidbits Whole Wheat Roll / Milk
12 Oven Fried Chidken Harvest Pasta Broccoli Florets Carrots Mandarin Oranges Whole Wheat Bread / Milk	**13** Sloppy Joe on a Bun Pea Salad Carrots Cranberry Apples Oatmeal Cookie Milk	**14** Cheesy Ham & Potato Soup Whole Wheat Crackers Winter Blend Vegetables Fruit Cocktail Biscuit Milk	**15 BIRTHDAY DINNER** Lasagna Tossed Salad Roasted Cauliflower Garlic Toast Strawberries and Cake Milk	**16 CHOICE MEAL** Chicken Tenders **OR** Fish Pattie Creamed Spinach Cauliflower Peaches / Cookie Whole Wheat Bread / Milk
19 Sweet & Sour Chicken on Rice Oriental Vegetables Carrots Fruit Cobbler Whole Wheat Bread / Milk	**20** Chili Whole Wheat Crackers Coleslaw Cinnamon Roll Ambrosia Milk	**21** Chicken Pot Pie Stewed Tomatoes Sliced Pears Cookie Whole Wheat Roll Milk	**22** Penne Polish Sausage Bake Tossed Salad & Dressing Hot Spiced Peaches Whole Wheat Bread Milk	**23 CHOICE MEAL** Herb Buttered Tilapia **OR** Chicken Tenders Sweet Potatoes Zucchini Warm Cinnamon Apples Cornbread / Milk
26 Chicken Parmesan Spaghetti Noodles Cucumber & Tomato Salad Fruit Whole Wheat Roll Milk	**27** Bierocks Glazed Carrots Seasoned Brussel Sprouts Fruit Cookie Milk	**28** Taco Salad with Tomato, Lettuce, Onion Corn Relish Tortilla Chips Apricots Milk	**29** Pulled Pork on a Bun Baked Beans Potato Salad Applesauce Chocolate Chip Cookie Milk	**30 CHOICE MEAL** Lemon Baked Fish **OR** Baked Chicken Potato Wedges Pickled Beets Fruit Cobbler Whole Wheat Bread / Milk

FOR RESERVATIONS CALL 785-321-1225 / MENUS ARE SUBJECT TO CHANGE