

ST. MARYS SENIOR CENTER

JUNE 2024 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lasagna Italian Blend Vegetables Tossed Salad Garlic Breadstick Lime Pears	4 Sausage Pizza Green Beans Red & Green Pepper Wedges Banana	5 Roast Beef Mashed Potatoes & Gravy Green Beans Dinner Roll Peach Cobbler	6 Pork Cutlet Au Gratin Potatoes Peas Dinner Roll Cantaloupe	7 Turkey Tetrazzini Candied Carrots Spinach Strawberry Salad Bread Fruited Pudding
10 Chicken Tenders Mashed Potatoes & Gravy Green Beans Dinner Roll Mixed Fruit	11 Spaghetti with Meat Sauce Tossed Salad Cucumbers & Onions Garlic Bread Fruited Cobbler	12 Chicken Salad Sandwich with Lettuce & Tomato Pickled Beets Bread Fruited Jell-O	13 Ham & Beans Coleslaw Cornbread Peaches	14 Baked Pork Chop Baked Potato Spinach Cheese Bake Dinner Roll Pineapple
17 Biscuit & Sausage Gravy Hashbrowns Stewed Tomatoes Fresh Fruit	18 Country-Fried Steak Mashed Potatoes & gravy Green Beans Dinner Roll Mixed Fruit	19 Baked Ham Roasted Potatoes Creamed Peas Cornbread Sliced Peaches	20 BIRTHDAY DINNER Lemon Baked Chicken Rice Glazed Carrots Hot Roll Pineapple Chunk Cake	21 Bierock Potato Salad Fresh Fruit Cookie
24 BBQ Ribette on a Bun Potato Salad Beets Mixed Fruit	25 Beef Stroganoff with Noodles Buttered Peas & Carrots Dinner Roll Ambrosia	26 Oven-Baked Chicken Mashed Potatoes & Gravy Green Beans & Onions Roll Chocolate Cake	27 Soft Tacos Lettuce, Tomatoes, Cheese Black Beans Cinnamon Roll Hot Spiced Peaches	28 Roast Pork Sweet Potatoes Cauliflower with Parsley Dinner Roll Applesauce
FOR RESERVATIONS CALL 785 321 1225		June 16 	MENU SUBJECT TO CHANGE	<u>3 Options</u> Dine In Pick Up Meals on Wheels

PLEASE MAKE YOUR RESERVATION EARLY IN THE MONTH OR EVERY FRIDAY FOR THE FOLLOWING WEEK