






ST. MARYS SENIOR CENTER

JULY 2024 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED 	2 CLOSED 	3 CLOSED 	4 CLOSED 	5 CLOSED 
8 Meatloaf Baked Potato Peas Bread Apricots	9 Chicken Tenders Hashbrown Casserole Mixed Vegetables Hot Roll Fresh Fruit	10 Smothered Pork Chop Sweet Potatoes Broccoli & Carrots Bread Pears	11 Chef Salad with Turkey Crackers Pickled Beets Muffin Fruited Jell-O	12 CHOICE MEAL Smothered Liver & Onions OR Meatballs Baked Potato Peas Hot Roll Peach Cobbler
15 Breakfast Burrito with Sausage & Eggs Hashbrown Pattie Cucumbers Pineapple	16 Polish Sausage Potato Wedges Baked Beans Bread Melon Brownie	17 Taco Salad Tortilla Chips Corn Cinnamon Apples Cookie	18 BIRTHDAY DINNER Oven-Fried Chicken Mashed Potatoes & Gravy Green Beans Hot Roll Strawberry Shortcake	19 Roast Pork Sweet Potatoes Roasted Cauliflower Hot Roll Lime Pears
22 Chicken Pasta Salad Sliced Tomatoes Cucumbers & Onions Muffin Fresh Fruit Salad	23 Baked Ham Scalloped Potatoes Green Beans Hot Roll Pineapple Crumble	24 Chicken Sandwich Tater Tots Stewed Tomatoes Peaches	25 Creamed Chicken on a Biscuit Roasted Carrots Pea Salad Warm Cinnamon Apples	26 Salisbury Steak Baked Potato Roasted Broccoli Hot Roll Banana
29 Spaghetti with Meat Sauce Tossed Salad Cucumber Slices Bread Stick Fruit Cobbler	30 BBQ Pork on a Bun Potato Salad Coleslaw Strawberry Shortcake	31 Roast Turkey Mashed Potatoes & Gravy Vegetables Hot Roll Peaches Chocolate Cake	DINE IN MEALS MEALS ON WHEELS & PICK UP MEALS AVAILABLE	<i>If you'd like to learn more about our Meals programs, please call 785 321-1225</i>

FOR RESERVATIONS CALL 785.321.1225 ONE DAY AHEAD MENUS SUBJECT TO CHANGE