

ST. MARYS SENIOR CENTER

AUGUST 2024 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>If you'd like to learn more about our Meals programs, please call 785 321-1225</i></p>	<p>DINE IN MEALS MEALS ON WHEELS & PICK UP MEALS AVAILABLE</p>	<p>1 Chicken-Fried Steak Sandwich Tater Tots Baked Beans Applesauce</p>	<p>2 CHOICE MEAL Fish OR Chicken Tenders Roasted Potatoes Carrots Bread Rosy Pears</p>
<p>5 Philly Cheese Steak on a Bun French Fries Baked Beans Fruit</p>	<p>6 Turkey & Swiss Cheese Sandwich with Onion & Lettuce Pea Salad Fruited Jell-O Cookie</p>	<p>7 CHOICE MEAL Liver & Onions OR Hamburger Pattie with Onions Mashed Potatoes & Gravy Buttered Carrots Hot Roll / Lime Pears</p>	<p>8 Chicken Breast Red Beans & Rice Beets Cornbread Hot Cinnamon Apples</p>	<p>9 Penne Polish Sausage Bake Mixed Vegetables Cottage Cheese Garlic Bread Peaches</p>
<p>12 Chicken Salad Cold Plate Potato Salad Marinated Tomatoes Bread Fruit</p>	<p>13 Ham Scalloped Potatoes Green Beans Hot Roll Fruit</p>	<p>14 Cheeseburger Pickle & Onions Baked Beans Watermelon</p>	<p>15 BIRTHDAY DINNER Turkey Dressing Mashed Potatoes Green Beans Fruit Cocktail Cake</p>	<p>16 Chicken-Fried Steak Mashed Potatoes & Gravy Broccoli Hot Roll Peaches</p>
<p>19 Turley Spinach Salad with Mandarin Oranges and Strawberries Pepper Sticks Breadstick</p>	<p>20 Chicken Pasta Salad Cucumbers & Onions Sliced Tomatoes Fruit Salad</p>	<p>21 Sausage Gravy & Biscuit Hashbrowns Stewed Tomatoes Fruit & Yogurt Parfait</p>	<p>22 Tater Tot Casserole Corn Biscuit Hot Cinnamon Apples</p>	<p>23 Oven-Baked Chicken Mashed Potatoes & Gravy Carrots Hot Roll Mixed Fruit</p>
<p>26 Egg Salad Sandwich on Bread Lettuce & Tomato Cucumber & Onion Fresh Fruit</p>	<p>27 Chef's Salad Pickled Beets Cinnamon Roll Fruit</p>	<p>28 Meatloaf Baked Potato Green Beans with Onions Hot Roll Fruited Jell-O</p>	<p>29 Chicken Tetrizzini Broccoli Garlic Bread Fruit Crisp</p>	<p>30 Roast Pork Sweet Potatoes Cauliflower Hot Roll Cinnamon Applesauce</p>

FOR RESERVATIONS CALL 785.321.1225 ONE DAY AHEAD MENUS SUBJECT TO CHANGE