ST MARYS SENIOR CENTER MARCH 2024 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March	FOR RESERVATIONS CALL 785 321 1225 MENU SUBJECT TO CHANGE		OPEN FOR DINE IN MEALS ON WHEELS PICK UP	Tuna Noodle Casserole Peas Stewed Tomatoes Bread Sliced Peaches
4 Chicken & Noodles Carrots Celery Sticks Peaches Brownie	5 Meatloaf Baked Potato Green Beans Wheat Bread Fruited Pudding	6 Taco Salad with Lettuce, Tomato, Cheese, & Tortilla Chips Corn Garlic Stick Baked Cinnamon Apples	7 Salisbury Steak Mashed Potatoes Steamed Broccoli Wheat Roll Strawberries & Bananas	8 Fish Hash Browns Corn Bread Mixed Fruit
Pork Cutlet Roasted Potatoes Broccoli Normandy Wheat Bread Applesauce	Spaghetti with Meat Sauce Tossed Salad Tomatoes & Cucumbers Peaches Garlic Bread	13 Country Fried Steak Mashed Potatoes & Gravy Green Beans Hot Roll Mandarin Oranges	14 Salisbury Steak Mashed Potatoes Green Beans Roll Peaches	Fish Sandwich Hash Browns Baked Beans Fruited Gelatin
18 Tuna Casserole Peas Stewed Tomatoes Bread Fruit	19 Sweet 'n' Sour Pork Rice Mixed Vegetables Bread Stick Pineapple Crumble	20 Beef Stew Coleslaw Biscuit Mixed Fruit Brownie	21 BIRTHDAY DINNER Oven-Fried Chicken Mashed Potatoes & Gravy Green Beans Wheat Roll Strawberry Shortcake	Salmon Pattie Potato Wedges Creamed Peas Wheat Bread Baked Cinnamon Apples
25 Ham & Beans Bead Salad Cornbread Mixed Fruit Cookie	26 Chili Crackers Coleslaw Cinnamon Rolls Peaches	27 Hot Turkey Sandwich (with mashed potatoes & gravy) Buttered Beets Apricots Cookie	28 Baked Ham Scalloped Potatoes Glazed Carrots Hot Roll Strawberry Jell-O Poke Cake	29 Fish Hashbrown Casserole Creamed Corn Bread Mandarin Oranges