

HOLY HEARTS & HOMES

Liturgical Living Newsletter

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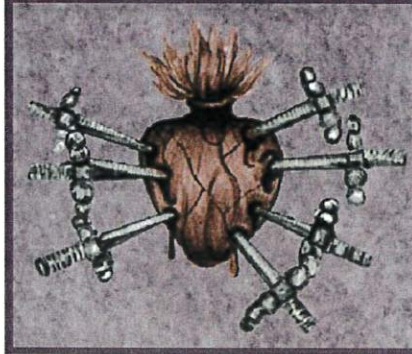
SEPT. 2024

“Now the company of those who believed were of one heart and soul, and no one said that the things which he possessed was his own, but they had everything in common.” Acts 4:32

Pope's Intention: For the cry of the Earth.

We pray that each one of us will hear and take to heart the cry of the Earth and of victims of natural disasters and climate change, and that all will undertake to personally care for the world in which we live.

September: Month of The Seven Sorrows of Mary



Spotlight Events:

*Rosary at the Grotto
September 7 at 9:00am
at Immaculate Conception*

This month's rosary will be said in honor of The Nativity of the Blessed Virgin Mary. It will be said in the church during inclement weather.

*Holy Hour with Vespers
Sept. 15 from 5-6pm at IC
Sept. 22 from 5-6pm at St Stans*



Turn to the Love of Our Lady for Consolation in Suffering

The following is an excerpt from the National Catholic Register article “What Are the Seven Sorrows of Mary?” by Marge Fenelon, September 15, 2017. *The feast of Our Lady of Sorrows (September 15th) dates back to the twelfth century. Since at least that time, Catholics have recognized seven events in the life of Mary that caused her great sorrow. That is why the image of Mary as Our Lady of Sorrows often shows her with seven swords piercing her Immaculate Heart. She's also sometimes represented by a winged heart pierced with seven swords. The swords represent her grievous sorrows. These sorrows are: 1. The prophecy of Simeon (Luke 2:25-35) 2. The flight into Egypt (Matthew 2:13-15) 3. Loss of the Child Jesus for three days (Luke 2:41-50) 4. Mary meets Jesus on His way to Calvary (Luke 23:27-31; John 19:17) 5. Crucifixion and Death of Jesus (John 19:25-30) 6. The body of Jesus being taken from the Cross (Psalm 130; Luke 23:50-54; John 19:31-37) 7. The burial of Jesus (Isaiah 53:8; Luke 23:50-56; John 19:38-42; Mark 15:40-47)*

That's a lot for one woman to endure in a lifetime! Yet, Mary wasn't just another woman; she was the woman chosen by God to bear His Son. With that great joy and responsibility also came great sorrow.

Along with her great joy and sorrow came great love — for each one of us as her children. This is what our Lord asked of her as He hung dying on the Cross — to become Mother to all humankind. Love is what gave her the courage to accept Simeon's prophecy. Love is what gave her the strength to embrace each sword as it pierced her heart. Love is what urged her to accept her Son's dying request. Love is what compels her to continue caring for us tenderly, limitlessly, and faithfully.

Ways to honor Mary this month: Pray the Seven Sorrows Rosary; read the Scriptural accounts of each of her Sorrows; celebrate her birthday on September 8th (Make a cake! Decorate with all things blue, the color traditionally associated with Mary); wear a blue shirt to remind you throughout the day of Mary and her love.

Featured Saints of September



St. Mother Teresa of Calcutta

Feast Day: September 5th

Patron of: missionaries, the poor, the dying, World Youth Day, the Missionaries of Charity, the Archdiocese of Calcutta

Born in 1910 in Albania, Mother Teresa was an Indian missionary and nun who devoted her life to helping those in need. After studying nursing, she moved to Ireland to join the Sisters of Loreto where she professed her final vows in 1937. She had a "call within a call," moved to the slums of Calcutta, India, and in 1950 founded the Missionaries of Charity. For over 45 years she ministered to the poor, sick, orphaned, and dying. She departed from this world in 1997.



The Archangels

Feast Day: September 29th

The Archangels are the chief of the Messengers of God, entrusted with particularly important missions. There are three Archangels mentioned in the Bible: Michael (whose name means "Who is like God?") cast Satan into Hell and still battles him for us; Gabriel ("God's Power") brought the announcement of Christ's birth to the Virgin Mary; and Raphael ("God's Doctor") helped the biblical figure Tobias on his journeys.

The Archangels are Patrons of many things, including: soldiers, the police, the Catholic Church (Michael); messengers, postal workers, expectant mothers (Gabriel); travelers, the blind, and doctors (Raphael).

To discover more ways to celebrate Saint Feast Days in September, visit www.CatholicAllYear.com. Catholic All Year offers a paid monthly subscription box, a free daily email highlighting the Saint of the Day, and a wonderful free blog loaded with celebration ideas and Catholic Family advice that is humorous, down-to-earth, and helpful.

SUGGESTED RESOURCES



A great place to help parents live the Liturgical year with their kids! Compilations of resources, crafts, recipes, and ideas (many of them free!) geared towards young children, to bring Catholic saints and feast days to life. www.catholicicing.com



The Exorcist Files Podcast

(Age Group: Adult)

With almost two decades in ministry, renowned exorcist Father Carlos Martins has encountered evil in nearly every way imaginable. The Exorcist Files are his stories, emphasizing the power of God over Satan and teaching us how to strengthen and protect ourselves in our battle against him. Catechesis on angels, demons, relics, holy water, and more is also woven into the episodes.

The Angels: God's Messengers and Our Helpers by Fr. Lovasik

(Age Group: Child)



This beautifully illustrated book acquaints Catholic children with the Angels and the unique role they play in our lives and in the story of salvation.



The Catholic Exorcism App

by St. Michael Center (Age Group: Adult)

Deliverance prayers approved for use of the laity in waging spiritual warfare. This treasury offers prayers that target the root causes of spiritual afflictions to bring relief and restoration by invoking the grace of the Holy Spirit to deliver individuals, families, and communities from the influence and power of evil.

Have a Liturgical Living idea?

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