

# ST. MARYS SENIOR CENTER    OCTOBER 2021 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DINE IN MEALS MEALS ON WHEELS &amp; PICK UP MEALS AVAILABLE</b>	<i>If you'd like to learn more about our Meals programs, please call 321-1225.</i>			<b>1</b> Tuna Salad Sliders (2) Tossed Salad Pickled Beets Fruit
<b>4</b> Chicken Enchilada Casserole Chuckwagon Corn Tortilla Chips Fruit	<b>5</b> Hamburger Potato Wedges Green Beans Fruit	<b>6</b> Pork Chop Rice Pilaf Peas & Carrots Bread Fruit	<b>7</b> Fish Coleslaw Beets Bread Fruit	<b>8</b> Chili Dog French Fries Tossed Salad Fruit
<b>11 COLUMBUS DAY</b> BBQ Ribette Crinkle Cut Fries Mixed Vegetables Bread Fruit	<b>12</b> Smoked Pulled Chicken Mashed Potatoes Baby Carrots Bread Fruit	<b>13</b> Ham Sweet Potatoes Meadow Blend Vegetables Bread Fruit	<b>14</b> Swiss Steak Au Gratin Potatoes Buttered Peas Bread Fruit	<b>15</b> Chicken Caesar Salad Cottage Cheese Bread Stick Fruit
<b>18</b> Salmon Pattie Mashed Potatoes Winter Blend Vegetables Bread Fruit	<b>19</b> Chicken Tenders Potato Wedges Green Beans Bread Fruit	<b>20</b> Pulled Pork Sandwich Bakes Beans Potato Salad Bread Fruit	<b>21 BIRTHDAY DINNER</b> Smothered Chicken Breast Mashed Potatoes California Blend Vegetables Rolls Fruit & Cake	<b>22</b> Baked Pollock Tater Tots Corn Bread Fruit
<b>25</b> Meatloaf Au Gratin Potatoes Peas Bread Fruit	<b>26 OPEN DOOR</b> Spaghetti With Meat Sauce Tossed Salad Garlic Bread Fruit	<b>27</b> Sloppy Joe French Fries Coleslaw Fruit	<b>28</b> Tuna Mac Carrots Bread Fruit	<b>29</b> Polish Sausage on a Bun Sauerkraut Mashed Potatoes Fruit

**FOR RESERVATIONS CALL 785-321-1225 ONE DAY AHEAD**

**MENUS SUBJECT TO CHANGE**