

ST. MARYS SENIOR CENTER

MAY 2022 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheeseburger Potato Salad Coleslaw Fruit	3 Hamburger Stroganoff Green Beans Bread Fruit	4 Spinach Citrus Caesar Salad with Chicken Cottage Cheese Bread Stick Fruit	5 Sloppy Joe Tater Tots Coleslaw Fruit	6 Turkey a la King over Mashed Potatoes Tossed Salad Bread Fruit
9 Chicken Pattie Waffle Fries Capri Vegetables Bread Fruit	10 Beef Taco Tossed Salad Pinto Beans Fruit	11 Meatloaf Mashed Potatoes Sliced Tomatoes Bread Fruit	12 Goulash Mixed Vegetables Cornbread Fruit	13 Salmon Pattie Au Gratin Potatoes Cucumbers and Onions Bread Fruit
16 Pulled Chicken Fiesta Rice Pinto Beans Bread Fruit	17 Salisbury Steak with Mashed Potatoes & Gravy Peas & Carrots Tossed Salad Bread Fruit Dessert	18 Baked Ziti Meadow Blend Vegetables Garlic Bread Fruit	19 BIRTHDAY DINNER Ham Au Gratin Potatoes Catalina Vegetables Roll Fruit Cake	20 Chicken Tenders Cottage Cheese Tossed Salad Bread Pineapple Tidbits
23 Polish Sausage Mashed Potatoes Sauerkraut Bread Fruit	24 Fish Tater Tots Baked Beans Bread Fruit	25 Spaghetti with Meat Sauce Tossed Salad Garlic Bread Fruit	26 Baked Chicken with Dressing Peas & Carrots Bread Fruit	27 Pulled Pork Sandwich Chuckwagon Corn Waffle Fries Fruit
30 	31 Pork Chop Mashed Potatoes Seasoned Green Beans Bread Fruit	<p style="text-align: center;">DINE IN MEALS MEALS ON WHEELS & PICK UP MEALS AVAILABLE</p>		<p style="text-align: center;"><i>If you'd like to learn more about our Meals programs, please call 321-1225</i></p>

FOR RESERVATIONS CALL 785-321-1225 ONE DAY AHEAD

MENUS SUBJECT TO CHANGE